Distance: 7.1 miles Time: 2hrs 50 mins

Warnings: River

This route starts at YUSU (The University of York's Student Union). Coming out of the university, the trail then follows into Fulford and down by the river before coming back up into the city centre and past the minster. After journeying through the centre of York, the walk brings you back out along Lawrence Street, turning into Hull Road and through to Badger Hill. The walk then follows university paths and roads back to the end point of the York Sport Centre.

## **Useful Contacts**

York Sport President m.cannell@yusu.org

Fundraising and Events
Officers
fundraisingevents@yusu.org

If you require any more information or this leaflet in a different format for any reason please get in contact with one of the emails above.

nt. This route was created in November 2020 and may alter in suitability over time

## York Sport Union The Get Active Trail



## York Sport Union The Get Active Trail



4. Carry on down Spuriergate which turns into Coney Street before then turning into Lendal. At the end of Lendal turn right and head towards the Minster.

5. Once at the minster, take the path down the back side of it onto Deangate before turning harsh right onto Goodramgate. At Kings Square right left down Colliergate and cross over down Fossgate.

6. From Fossgate continue down Walmgate. Upon reaching the wall this becomes Lawrence Street. Continue down Lawrence Street past the Shell garage and down Hull Road up until Archbishop Holgate school is on your

TANG HALL right. Osbaldwick Ln OSBALDWICK JORVIK Viking Centre Castle M 7. Turn right down Yarburgh LAYERTHORPE Way and follow it round until you reach Deramore Drive. Here, turn left and proceed to Field Lane. Cross safely over, turning right, and walk down the path adjacent to Field Lane. Continue down this path until you reach Lakeside way and BADGER HILL then return onto Field Lane. 3. Carry right on down this river path, Follow this down until you passing Tower Gardens and carrying reach the roundabout and carry on up S Esplanade. Turn right up King on straight down Main Street. Street and the take a left at the top. owntree Park You will find on your right Proceed to take the crossing to walk 2 eventually the road you came down Spuriergate (past Zara). Heslington out of initially which leads to Walmgate Stray

2. Crossing over Broadway to Broadway West, follow the path at the end of the road around to the right before turning right completely and following the river path. Millennium Bridge will appear on your left.

Please note the numbers reference the mile points, not instructions.

1. Begin at YUSU on campus. Walk down the road towards Halifax college and turn right in the direction of Fulford. Continue along this load, bearing right down Broadway.

the sports centre.